

## U10 RED 2023-2024 PROGRAM INFORMATION

The U10 Red team will continue the Elite Skill Development & Player Placement the Connecticut Chiefs are known for in the hockey community. The Connecticut Chiefs have advanced over 560 players to Prep School, Junior, & College Hockey.

- 2013 Birth Year
- Professional Coaching Staff with College/Pro Experience
- Head Coach Mike Siefker
- 45 Plus Games Schedule
- 2 Tournaments
- On-Ice Practice 2x per Week
- On-Ice Skill Session 2x per month led by former NHLer Ike Corriveau
- Off-Ice Sticks Skills Training 1x per week with PHG Training Center
- CT Crease Goalie Training: 2 sessions per month
- Clearly Defined Development Path
- Off Ice Program June 15- August 15



## Chiefs Scheduling Model "Maximize Development" <u>20%-60%-20%</u>

**20%** of the Games are extremely challenging to really push the team.

60% of the Games are designed to be very competitive one goal games.

**20%** of the Games are designed to be confidence building opportunities.